



Trifecta Light

Full-Body Red Light Therapy

*Informational Guide to Red
Light Wellness*

Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



No Pain
No Surgery
No Downtime



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



What is Red Light Therapy?

Red Light Therapy is a therapeutic technology that uses red and near infrared wavelengths of light to naturally stimulate the body (at the cellular level) to produce more ATP (energy). This increased production is a significant component of cellular regeneration which is responsible for improving and boosting new cell growth.

It's been proven that this biochemical reaction results in a multitude of health benefits. These include weight loss and improved cellulite reduction, as well as enhanced whole body healing capabilities, and anti-aging effects.



Full-Body Red Light Therapy

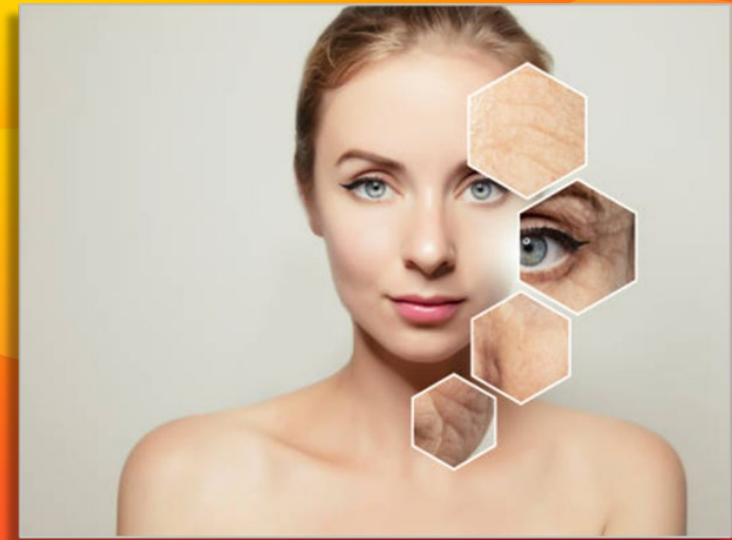
Empowering Your Body to Look, Feel & Function Better



Skin Benefits

Red-light technology is made up of powerful and concentrated red and near-infrared wavelengths that penetrates and stimulates the skin at the cellular level. It's extremely effective for boosting intradermal collagen production which result in the following all natural outcomes with no pain, side effects or downtime.

- Reduced fine lines and wrinkles
- Reduced inflammation
- Reduced redness and pigmentation
- Reduced acne breakouts



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Healing Benefits

When it comes to pain management and whole-body healing, Red Light Therapy is the answer. This natural therapy has had extraordinary results on the painful and challenging health conditions people deal with on a daily basis. Here are just a few conditions Red Light Therapy can help heal.

- Anti-aging
- Arthritis
- Autoimmune Disorders
- Bruises
- Burns
- Dental Issues
- Dementia
- Eye Disorders
- Fibromyalgia
- Hair Loss
- Inflammation
- Joint Pain
- Lyme's Disease
- Migraines
- Mental Clarity
- Muscle Stiffness
- Neuropathy
- Sciatica
- Stretch Marks
- Skin Conditions
- Sleeping Disorders
- Sports Injuries
- Stomach Conditions
- Surgery Healing
- Weight Loss
- Plus, many more...



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Weight Loss

Clinical research indicates Red Light Therapy helps with weight management including cellulite reduction by reducing and shrinking fat cells easily and naturally. No cells or tissues are damaged or destroyed during a treatment.

Unlike other solutions that require medication or surgery, Red Light Therapy is a safe and a drug-free non-invasive solution to losing weight.

Naturally Slim, Shape & Tone Your Body



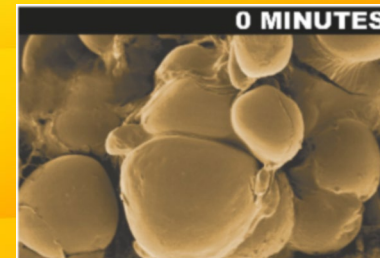
Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better

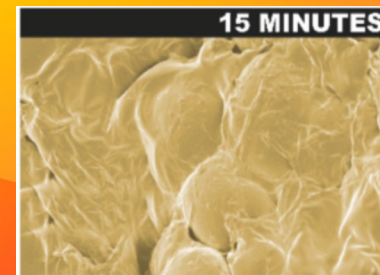


Fat Melting Process

Actual photos of the fat melting process after just one red light therapy treatment.



Filled Fat Cells



Emulsified fat outside of the fat cells



Empty and collapsed fat cells

Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Transforming Your Body

Sometimes diet and exercise just aren't enough to achieve the lean, toned body you desire.

How would it feel to be able to finally lose all those inches of stubborn fat?

With the Trifecta Red Light Therapy program, you can lose 3-9 inches in just a few weeks



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



FAQ Weight Loss Questions

WHAT CAN I EXPECT DURING EACH SESSION?

During a typical treatment, you will lie face up with our pads for around 20 relaxing minutes.

HOW DOES IT WORK?

The unique light emitted from our device causes the fat cell membranes to temporarily alter the permeability of the cell wall. This brief change allows some of the fat contents to seep out to where it can then be processed by the body. The process also increases collagen and elastin in the skin while creating a slimmer appearance.

WHAT HAPPENS TO THE FAT?

After being released, the fat is broken down into free fatty acids and glycerol and enters the blood stream. Once in the blood stream, the fatty acids can be either used as fuel or quickly eliminated by the body.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



FAQ Weight Loss Questions

WHAT HAPPENS TO THE FAT CELLS?

No harm is done to the fat cells. They simply shrink to a fraction of their original size.

WHY DO YOU RECOMMEND A LIVER SUPPORT ?

Your liver is the ultimate filter to remove toxins and nutrient byproducts from the body. The fast release of fat requires a strong liver and therefore a high quality liver support is recommended.

WHAT AREA OF THE BODY CAN BE TREATED?

The treatment can be effectively used on essentially every part of the body where localized fat deposits exist that are resistant to diet and exercise. This includes the waist, hips, upper legs, thighs and upper arms.

HOW SOON WILL I SEE RESULTS?

Results are usually seen after just one treatment.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



FAQ Weight Loss Questions

HOW LONG LASTING ARE THE RESULTS?

The results can be very longlasting. However, this method does not destroy fat cells but releases some of their contents. If your caloric intake is significantly higher than you require, your body will eventually store fat again. For this reason, we recommend a maintenance program of once or twice per month after the desired results are attained.

WHAT RISKS ARE INVOLVED?

There are no risks or side effects involved and it is a safe alternative to invasive procedures such as traditional liposuction or cool-sculpting.

ARE THERE ANY CONTRAINDICATIONS FOR IT'S USE?

Although the treatment is very safe, there are the usual contraindications which include: Pregnancy, Active Cancer, Pacemaker, HIV/AIDs, and Hepatitis C.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



FAQ Weight Loss Questions

DO I HAVE TO FOLLOW A DIET?

You can expect better results if you reduce your caloric intake somewhat and increase your water consumption.

DO I HAVE TO EXERCISE?

Each of your sessions will be followed by 10 minutes on a whole-body vibrational unit to stimulate circulation and also help burn the fat that has been released.

DOES IT HELP WITH CELLULITE & LOOSE SKIN?

Clients undergoing this therapy have noticed a significant improvement with cellulite as well as skin tone and texture.

WHAT RESEARCH HAS BEEN DONE?

The bed is based on the over forty years of research starting with NASA experimentation and culminating with the aesthetic and orthopedic industries today. Following the recent discovery that 635nm light has an effect on fat cells, this new technology has created an explosion in the body sculpting industry.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Assisting Your Weight Loss Process

- Drink 8 to 10 glasses of spring water per day while on program.
- Avoid eating one hour before and one hour after each session.
- Limit caffeine on the day of treatment to ensure adequate hydration.
- 10 minutes of exercise is recommended after each session which can be done on our vibration plate system.
- Avoid alcohol during the program
- Try to reduce your overall caloric intake while limiting starchy carbohydrates and simple sugars.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



How Many Sessions are Required

- Under 5lbs weight loss = 6 to 8 sessions
- 5lbs to 20 lbs weight loss = 10 to 12 sessions
- 20 lbs or more = 20+ sessions

- Sessions are done 2 to 3 times per week until treatment course is completed, and weight loss goals are met.

- Each session is about 20 minutes for the pads.



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



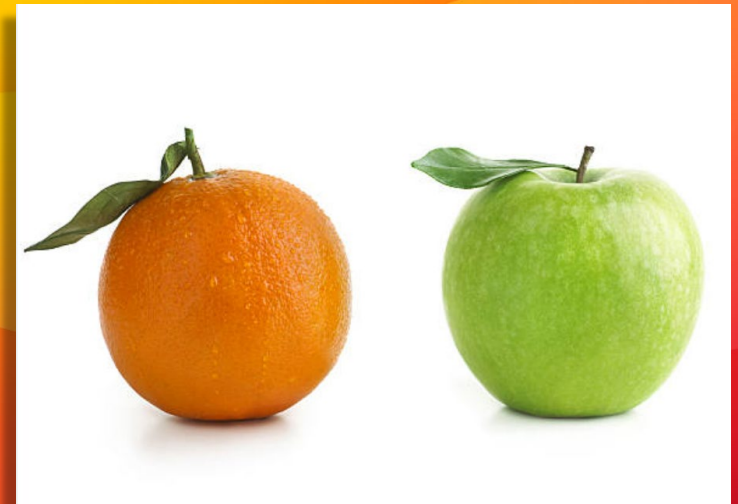
Trifecta Light Compared to Other More Dangerous Methods

Trifecta Red Light Therapy

- Affordable
- Non- Invasive
- No Pain or Bruising
- No Downtime
- No risks involved

Freeze The Fat or Liposuction

- Expensive
- Invasive
- Pain and Bruising
- Longer Recovery Time
- Several risks are involved



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Results

- Reduce wrinkles and fine lines.
- Restore lost facial volume and firmness., especially around the eyes.
- Reduce the fat and sagging skin underneath the chin.

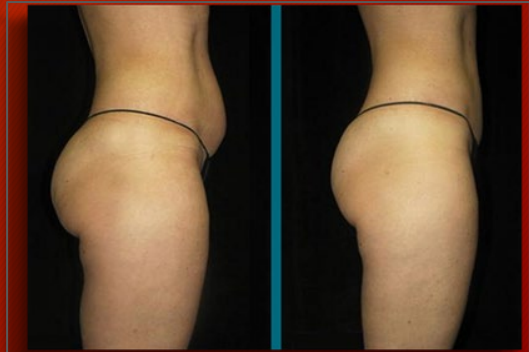
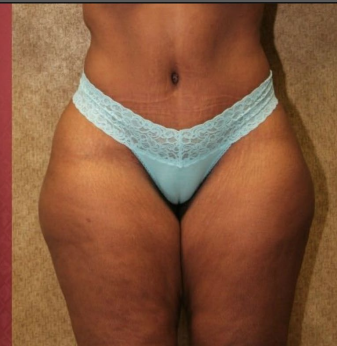
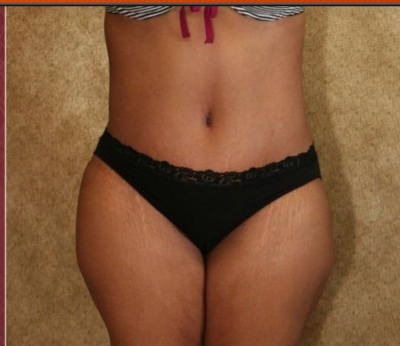
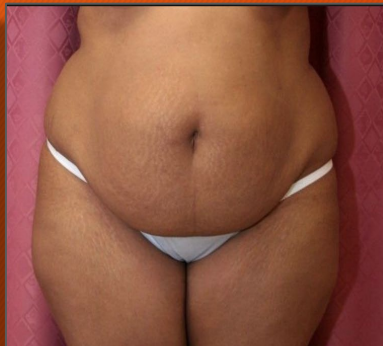


Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Results



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Results



Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



Testimonies

Joseph – Weight Loss

I just completed my first Trifecta Light Therapy session 2 days ago. My main concern when I started was my belly fat. After about a week and a half I started to notice that my belly started to seem flatter, and my pants seem to fit looser. I have tried everything in the past including hitting the gym and dieting... but nothing really worked for me. Trifecta Light Therapy had made it possible for me to lose the weight I needed to lose.

Nicole – Anti-Aging

I have been struggling quite a bit with getting older and the changes I have been noticing on my face. I wasn't ready for a facelift, and I wanted something less invasive. I tried all sorts of creams and serums, and they just weren't doing the trick. I discovered Red Light Therapy through a friend and figured I would give it a try. WOW, was I surprised by the results. After just a handful of sessions I was seeing incredible results with my fine lines and wrinkles as well as my sunspots. My skin was softer, smoother and firmer. I could not believe how my skin was responding. Thank you to my friend Anna who introduced me to this life changing treatment. What a wonderful discovery.

Mary - Healing

I recently had an eye lift. However, I looked like a monster after the procedure. I was swollen, bruised and my incisions were bright red. I used the Trifecta Light Therapy Bed a few days after, and I immediately could see a huge difference after just a few sessions. The redness had calmed down tremendously, the bruising was almost gone, and the swelling was I. My plastic surgeon was amazed at how quickly and nicely I was healing. She said she had never seen an eye lift heal so fast. Even my friends and family were in shock. Now, I have no scars and my eyes look better than I thought they would. Thank you, red light therapy!

Full-Body Red Light Therapy

Empowering Your Body to Look, Feel & Function Better



**Delivering Safe, Consistent &
Superior Results**

With the Trifecta Light Therapy Program, clients will experience a relaxing, non-invasive treatment where they easily and safely lose unwanted inches, heal their painful ailments and reap the rejuvenating skin benefits they have been searching for. All without the need for costly and painful surgery.

